

CALABRIA IS A LAND FULL OF PERFUMES AND FLAVORS WHICH MAKE IT UNIQUE AND DIFFERENT FROM THE REST OF ITALY.

Le  
VIE  
della  
PERLA  
TOUR OPERATOR

THE LIQUORICE

THE BERGAMOT

THE LAVENDER

THE CEDAR



# THE PROGRAM

## THE TOUR WHICH ALLOWS YOU TO EXPLORE CALABRIA BY USING THE 5 SENSES.

**Calabria Region** is the **first producer** of "**Bergamot**", useful in cosmetics whose high quality is considered the best in the world.

But several perfume factories use more products from Calabria such as the **Liquorice** in Rossano Calabro on the Ionian Coast, the **Cedar** in Santa Maria del Cedro on the Tyrrhenian Sea, the **Lavender** in Morano Calabro in Pollino National Park and so many aromatic herbs spread all around the region.

The curious thing about these plants is that **they are used** not only in **cosmetic**, but also in **cuisine** for enrich their dishes with a nuance of flavors.

### Day 1 – The trip to Calabria.

**Day 2 – The LIQUORICE of Rossano Calabro:** visit of the "Amarelli" Liquorice Factory and its Museum. They tell how extracting this substance from a typical plant which grows up in this area on the Ionian Coast. The Museum hosts an exposition of dresses from '800s, official documents, book, pictures and many old tools used in the past to make the liquorice and its products. The sightseeing of the Byzantine historic centre of Rossano and its Diocesan Museum, where is the famous Codex Purpureus, a greek Gospels of the sixth century.

### Day 3 – the Greek Calabria and the Bergamot.

Departure to Condofuri, a little hamlet settled in the Greek area near Reggio Calabria where every sign is written in 3 languages: Italian, ancient and modern Greek. We visit a field of bergamot for learning more about this fruit and the extraction of its essential oil. Then we go to Reggio Calabria with its National Archaeological Museum with the famous Riace Bronzes, the Cathedral, one of the biggest church in Calabria, and a walk along the promenade called "the most beautiful kilometer in Italy".

**Day 4 – The Lavender of the Pollino.** We discover the amazing Park of the Lavender: a walk in the botanic garden for learning more about some herbs and

discovering the utility of officinal plants, in particular the lavender. Then visit of the historic centre of Morano Calabro member of "The Most Beautiful Villages of Italy" Club.

**Day 5 – The smooth Cedar of Calabria.** A day along the Cedar Riviera. The cedar, like the bergamot, belongs to the citrus species, very important for the Jewish people who every year come in this zone for choosing the best sample for their religious rites. Useful in cosmetic and in medicine, it is very good in cuisine and to drink. We visit a field of cedars for discovering more about this fruit. In the afternoon a visit of Diamante, the village of the "Murales", more than 300 paints on the walls of the houses in its historical centre.

### Day 6 – Botanics, Secrets and Alchemies with Calabria herbs.

Guided visit of the old part of Cosenza with its medieval Cathedral (UNESCO heritage). Then the modern side of the town along its high street, Corso Mazzini, which is pedestrian and Open Air Museum with several statues by artists such as Manzù, De Chirico, Dalì, and others. At last the new bridge designed by Santiago Calatrava. In the afternoon a visit of a producer of liqueurs who use only the local herbs and fruits.

**Day 7 – departure to come back home.**